



Join **Cycle For SMILES** between September 18th and October 31st to get fit, have fun and raise smiles in support of Operation Smile Canada and children around the world affected by cleft lip, cleft palate, and other facial differences.

Help provide free life-changing surgeries that transform children's lives in as little as 45 minutes for as little as \$240.

Let's get fit, have fun & raise funds for new SMILES! Register your online fundraising page & track your activities in the Good Move app (details below!).

Sign up or donate at [www.cycleforsmiles.ca](http://www.cycleforsmiles.ca).



## Register Today!

Follow the simple steps on the next page to register for Cycle for SMILES!

Once you're signed up, you can start sharing your personal fundraising page.

You can also track your activity using the Good Move app.

However, you choose to move, you will earn the corresponding points for each type of activity and can track the total funds raised and distance travelled throughout the Cycle for SMILES campaign.



## HOW TO CREATE YOUR CYCLE FOR SMILES PAGE

- ❑ Go to [www.cycleforsmiles.ca](http://www.cycleforsmiles.ca)
- ❑ Click Blue "SIGN UP" button.



**Hey Canada!**  
Ready to get fit, have fun and raise funds for new smiles?

Cyclists, spinners, walkers, and runners are signing up for **Cycle for SMILES** to make an impact in the lives of children born with cleft conditions.

[DONATE TODAY](#) OR [SIGN UP](#)



- ❑ Once registered, sign in to access your [participant centre](#) to customize your URL, Image and Fundraising message or use the default setting provided.



Login to your Personal Page

Username or Email:

Password:

[SIGN IN](#)

[Forgot Username](#) | [Forgot Password](#)

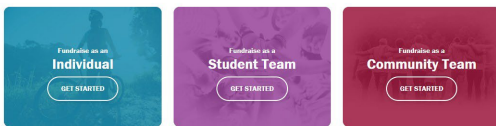
[GET INVOLVED](#)

- ❑ Select how you want to Fundraise. As an Individual, as a Student Team, or as a Community Team. Follow the Registration prompts to complete your registration.

- ❑ Download the Good Move app, enter your one-time passcode and open the app to connect your fitness tracking device.

### Get Active Today and Make Someone Smile

Participate as an individual or gather a team and cycle, roll, run or walk in your neighbourhood. Choose an option below and start fundraising for children with cleft conditions today.



or simply

[DONATE TODAY](#)

- ❑ Or simply click on [Donate](#) Today.

Cycle for Smiles 2023

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Mary's SK

[English \(Canada\)](#) [Help](#) [Log Out](#)

#### What to do next?

- Set Up your Personal Page
- Customize your Personal Page with a story about why you are raising funds for Operation Smile Canada.
- Add Contacts to your Address Book
- Add contacts to your address book to easily send them an email to support your fundraising efforts.
- Send an Email
- Send emails to friends and family and ask them to help you reach your fundraising goal by donating to your personal fundraising page.
- Thank your Donors
- Thank your donors!
- Reach your Goal
- Have you reached your fundraising goal? Consider increasing your goal and raising even more funds for your initiative.



This event uses Good Move, our inclusive fundraising and activity-tracking mobile app. Check [marygeneral@operationsmile.org](http://marygeneral@operationsmile.org) for your one-time passcode to access our event in the app!



To download Good Move, use your mobile device to scan the QR code.  
Didn't receive a passcode?

#### Recent Activity

Sent message to Participant Detected [Aug 14](#)

You joined Cycle for Smiles 2023 [Aug 14](#)

#### Contacts

[All Contacts](#)

- ❑ Didn't receive your passcode? Click on 'Didn't receive a passcode' in your participant centre and check your email for the code.
- ❑ Need support? Send us an email [givesmiles@operationsmile.org](mailto:givesmiles@operationsmile.org) and one of our team members will reach out to provide support.



## TIPS FOR A SUCCESSFUL FUNDRAISING PAGE

- ❑ You can make a personal donation to launch your fundraising efforts. People will be more likely to donate if someone already has!
- ❑ Stick to your fundraising goal and add a deadline date. (If you meet it, consider increasing it!)
- ❑ Update your page often – your supporters will enjoy following your progress.
- ❑ Reply to messages and comments by supporters to thank them, and if you know them personally, send a card or message. This could encourage people to donate more!
- ❑ Promote! Share with your friends, family, colleagues, and personal contacts. You may also want to get your workplace or school involved by setting up a team!
- ❑ Share your page on your personal social media.
- ❑ And most importantly... have fun and feel good knowing you are making a difference in a child's life!



*Pavinee, Sisaket Thailand*

## YOUR FUNDRAISING PAGE

- ❑ Under "My Progress" you can see the funds you've raised and your activity progress.
- ❑ You can edit your fundraising goals, and customize your page by signing into your [participant centre](#). Learn how by visiting the [FAQs](#) section.
- ❑ Encourage others to donate to your page by making a personal donation. Simply click the "Donate" button on your personal page and enter the amount you would like to donate.

## LOGGING YOUR ACTIVITY

1. Once you have registered a Cycle for SMILES fundraising page you will receive an email from Good Move prompting you to download the app and enter your one-time passcode.
2. Enter your code and open the app.
3. Select the Cycle for SMILES event and select log an activity. Here you can link your fitness tracking device to instantly track your activities.
4. Don't have a fitness tracker? You can make a manual entry or select gym check-in. Click "ADD ACTIVITY" and input the activity details right from the app.
5. Be sure to select the right type of activity to receive the correct number of points/miles.
6. Enter the duration, date, and activity description. Remember to save your progress!

